

# QUESTION OF THE WEEK, WEEK 39–40 (25.9–6.10.2024)

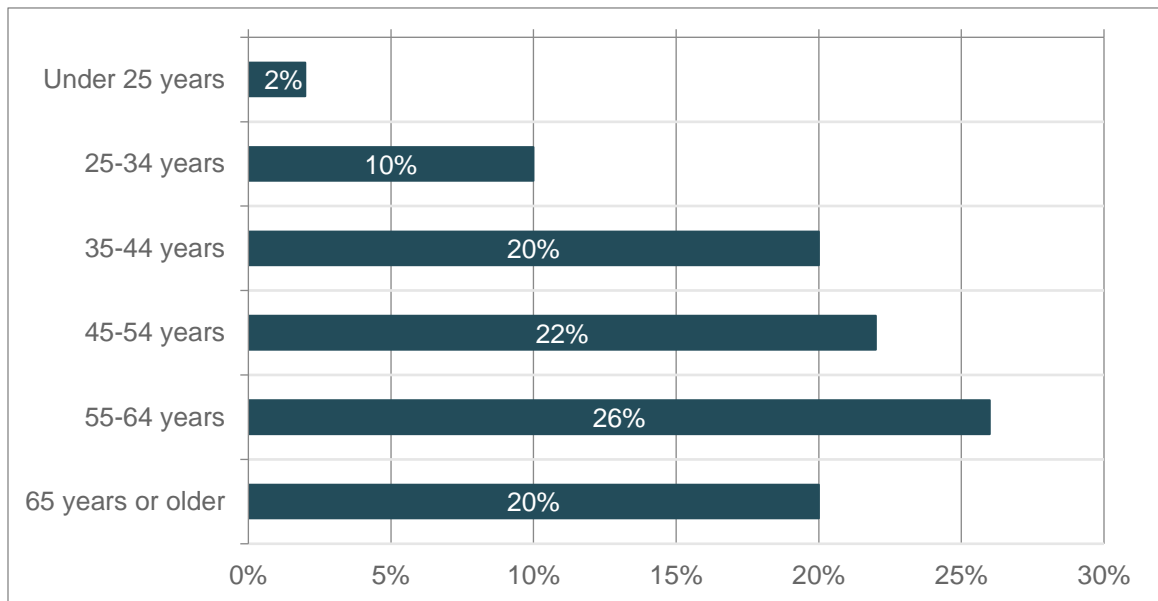
NUMBER OF RESPONDENTS: 459

The margin of error is 5 % and thereby the answers are considered to reflect the opinions of the population in Jakobstad.

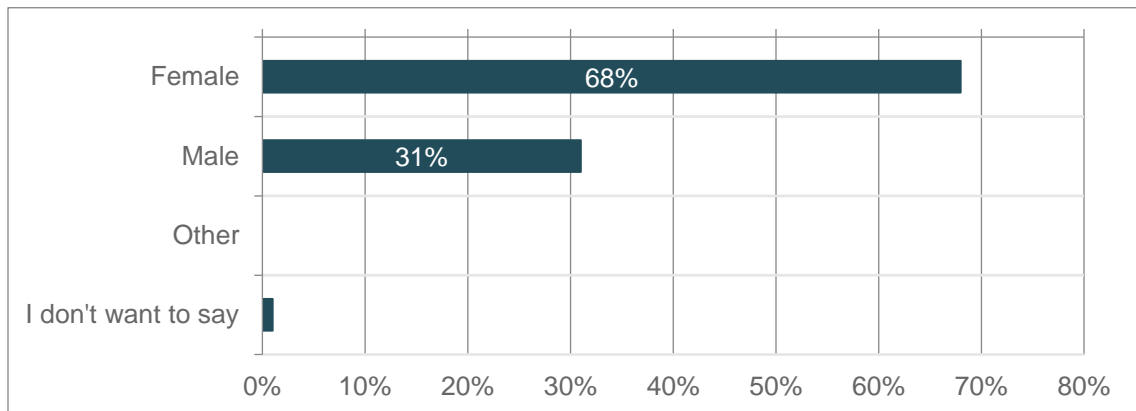
## READING FOR WELL-BEING IN EVERYDAY LIFE

In the Question of the Week the residents were asked: *"The Jakobstad library has received a state grant for a project to encourage adults to read, called "Reading for well-being in everyday life". During the project, you can participate in events organised by the library, such as the Silent book club, reading retreats and library presentations. Follow the Pietarsaari City Library website and social media to find out about upcoming events. To support the project, we want to map current reading habits in Pietarsaari through this survey.*

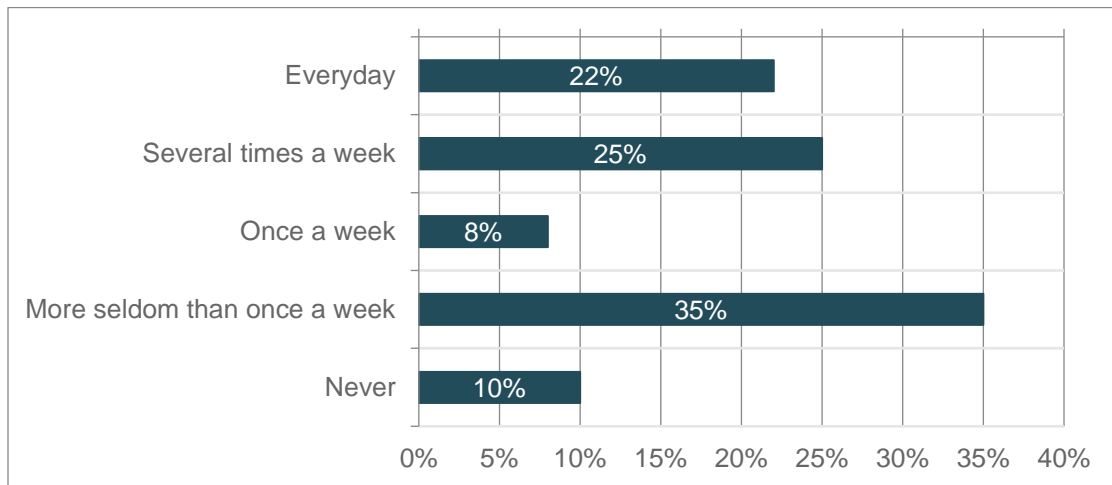
*"My age:"*



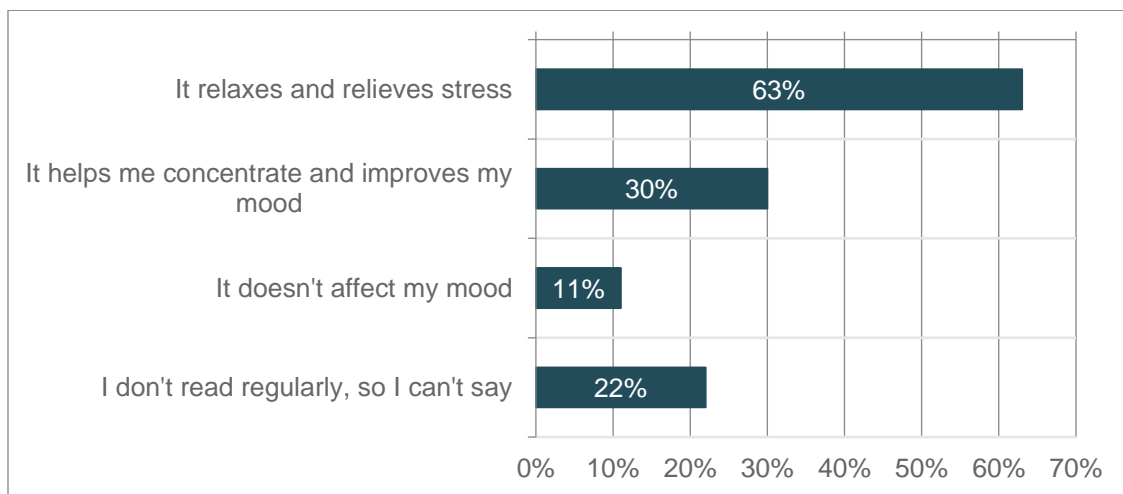
*"Gender"*



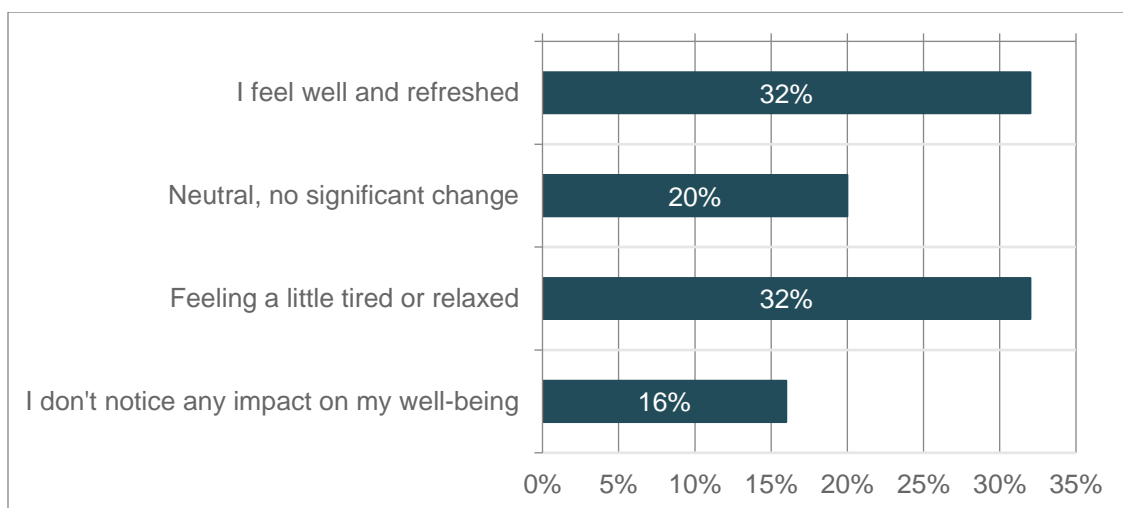
***"How often do you read books in your spare time?"***



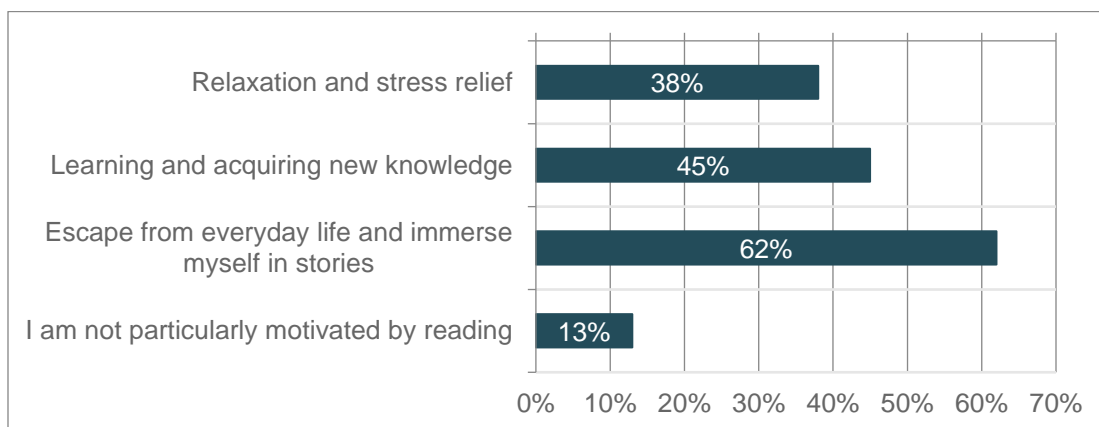
***"How does reading affect your mood?"***



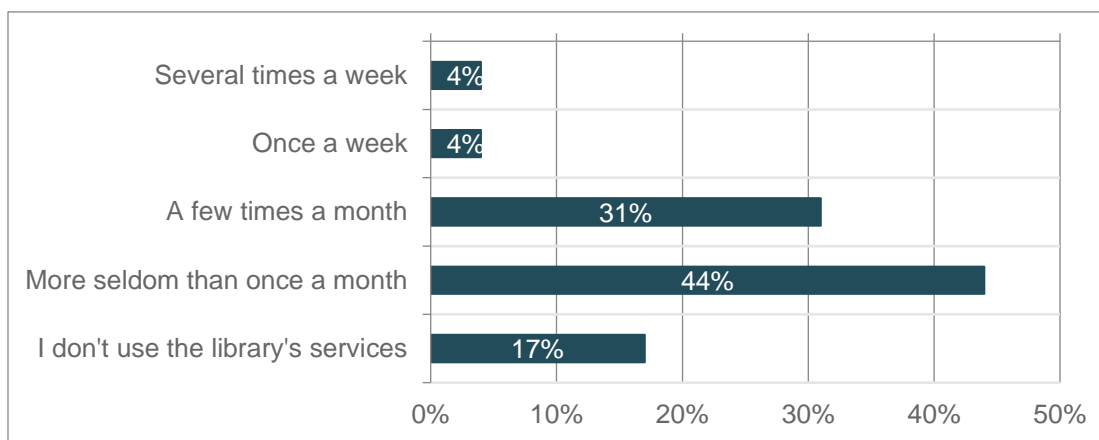
***"How would you evaluate your well-being after reading?"***



*“What motivates you to read books?”*



*“How often do you use the library services (e.g. borrowing, reading on site, events)?”*



## NEXT STEP

The results of the survey give valuable information about the reading habits of the residents of Jakobstad and about the effects reading has on the wellbeing. In the next stage we are planning and arranging different events and activities, which support the goals of the project. Our goal is to increase the residents' interest towards reading and to encourage them to participate in the possibilities provided by the library. We strive to highlight the library's services in different media and outside the library.

We want to give a warm thank you to everyone who participated in the survey! The feedback you have given is priceless and helps us to develop the services of the library and the events to be better than before. It is nice to see how important reading is for the residents of Jakobstad and how reading affects your wellbeing. We will continue our work of promoting reading, and we wish that we can inspire you all in our upcoming events!

Don't hesitate to contact us if you have other ideas or questions.

*More information:*

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